



**For Immediate Release**  
May 4, 2016

**Wellington North Farmers' Market Celebrates its Third Season Opening Day on Friday,  
May 13 @ 3pm, in conjunction with Happy Healthy Families Kick-off!**

There are so many reasons why buying local makes sense. There is also significant peace of mind in knowing where our food comes from, ask questions and enjoy the experience at the Wellington North Farmers' Market, now entering its third season!

The market will run Fridays, May 13 through October 7, 3pm to 6:30pm, on King St E in Mount Forest, at the Victory Community Centre. On Opening Day, Happy Healthy Families will celebrate the kick-off of their initiative to make Wellington North the Healthiest Place to Raise a Child. Learn more about the project, meet Freggie, pick up free swag for kids and parents, get some fun meal and snack ideas, cooking tips, activity ideas for families and sign the Community Pledge. Let's all get started on making healthy changes for kids and families in our community by utilizing the great local vendors available through the Farmers' Market.

"A Farmers' Market is a good opportunity for the community to connect. It allows us to buy from and support our local farmers and producers, thus contributing to our local economy," said Tourism, Marketing and Promotions Manager for the Township of Wellington North, April Marshall. "We are pleased to give our residents and visitors the opportunity to experience agriculture close up and hear the story of where their food came from, straight from the person that grew and prepared it," Marshall added.

The Wellington North Farmers' Market is being brought to you by the collaboration and support of participating vendors, the Township of Wellington North, Wellington North Cultural Roundtable, Mount Forest Victory Church, Mount Forest Chamber of Commerce, Arthur Chamber of Commerce, MARCC Apparel, Forest Physiotherapy, Print One and Taste Real.

Interested vendors are asked to contact April Marshall at the Township of Wellington North.

**For more information:**

April Marshall, Tourism, Marketing & Promotion Manager, Township of Wellington North  
519-838-3620 Ext 30 | [amarshall@wellington-north.com](mailto:amarshall@wellington-north.com) | [www.simplyexplore.ca](http://www.simplyexplore.ca)