

## MOUNT FOREST SWIMMING LESSONS

Cost	Age		Session 1	Session 2	Session 3	Session 4	Session 5	Red Cross Equivalent	
			Jun 22 - Jul 3	Jul 6 - Jul 17	Jul 20 - Jul 31	Aug 3 - Aug 14	Aug 17 - Aug 28		
\$65	0 - 3 years	Parent Tot 1 & 2		10:00 - 10:30	11:00 - 11:30	Bronze Medallion & Bronze Cross	11:00 - 11:30	Starfish/Duck	
		Parent Tot 2 & 3	4:00 - 4:30	10:30 - 11:00	10:00 - 10:30		10:30 - 11:00	Duck/Sea Turtle	
\$70.00	3 - 5 years	Preschool A	4:30 - 5:00	9:30 - 10:00	11:30 - 12:00		11:00 - 11:30	Sea Otter	
			5:00 - 5:30	11:00 - 11:30					
		Preschool B	4:30 - 5:00	10:00 - 10:30	10:00 - 10:30			9:30 - 10:00	Salamander
			6:00 - 6:30	11:00 - 11:30	11:30 - 12:00				
	Preschool C	5:00 - 5:30	9:30 - 10:00	10:30 - 11:00	10:30 - 11:00		Sunfish		
	6+ years	Beginner	6:00 - 6:30	10:00 - 10:30	11:30 - 12:00		9:30 - 10:00	Level 1	
		Swimmer 1	4:00 - 4:30	10:30 - 11:00	9:30 - 10:00		11:30 - 12:00	Level 2	
			5:30 - 6:00	11:30 - 12:00					
Swimmer 2		4:30 - 5:00	9:30 - 10:00	10:30 - 11:00	10:00 - 10:30	Level 3			
		5:30 - 6:00	10:30 - 11:00	11:00 - 11:30			11:30 - 12:00		
Swimmer 3		4:00 - 4:30	10:00 - 10:30	11:00 - 11:30	11:30 - 12:00	Level 4			
	5:00 - 5:30	10:30 - 11:00	11:30 - 12:00						
Swimmer 4	5:30 - 6:00	9:30 - 10:00	9:30 - 10:00	10:00 - 10:30	Level 5				
	6:00 - 6:30	11:00 - 11:30							
\$76.00	COMBINED CLASSES	Swimmer 5	4:15 - 5:00	11:15 - 12:00	10:30 - 11:15	10:45 - 11:30	Level 6/7		
		Swimmer 6							
		Swimmer 7	5:00 - 5:45	9:45 - 10:30	9:30 - 10:15			Level 8/9	
		Swimmer 8							
		Swimmer 9	5:45 - 6:30	10:30 - 11:15			9:30 - 10:15	Level 10	
Swimmer 10									

## ARTHUR SWIMMING LESSONS

Cost	Age		Session 1	Session 2	Session 3	Session 4	Session 5	Red Cross Equivalent	
			Jun 22 - Jul 3	Jul 6 - Jul 17	Jul 20 - Jul 31	Aug 3 - Aug 14	Aug 17 - Aug 28		
\$65	0 - 3 years	Parent Tot 1 & 2	4:00 - 4:30	10:00 - 10:30		9:30 - 10:00		Starfish/Duck	
		Parent Tot 2 & 3	5:00 - 5:30	10:30 - 11:00	10:00 - 10:30			Duck/Sea Turtle	
\$70.00	3 - 5 years	Preschool A	5:30 - 6:00	9:30 - 10:00 11:30 - 12:00	10:30 - 11:00	10:30 - 11:00	9:30 - 10:00	Sea Otter	
		Preschool B	6:00 - 6:30	10:00 - 10:30 11:00 - 11:30	11:00 - 11:30	11:00 - 11:30	10:30 - 11:00	Salamander	
		Preschool C	4:30 - 5:00	10:30 - 11:00	11:30 - 12:00	11:30 - 12:00	10:00 - 10:30	Sunfish	
	6+ years	Beginner	6:00 - 6:30	9:30 - 10:00	9:30 - 10:00	10:00 - 10:30	11:30 - 12:00	Level 1	
		Swimmer 1	5:30-6:00	10:30 - 11:00 11:30 - 12:00	10:30 - 11:00	11:00 - 11:30	10:30 - 11:00	Level 2	
		Swimmer 2	4:00 - 4:30	11:00 - 11:30 11:30 - 12:00	11:00 - 11:30	9:30 - 10:00	9:30 - 10:00 11:00 - 11:30	Level 3	
		Swimmer 3	4:30 - 5:00 5:00 - 5:30	9:30 - 10:00	10:00 - 10:30	10:30 - 11:00	10:00 - 10:30	Level 4	
		Swimmer 4	4:00 - 4:30	11:00 - 11:30	9:30 - 10:00	10:00 - 10:30	11:00 - 11:30	Level 5	
	\$76.00	COMBINED CLASSES	Swimmer 5 Swimmer 6	5:30 - 6:15	10:00 - 10:45				Level 6/7
			Swimmer 7 Swimmer 8	4:30 - 5:15	11:15 - 12:00				Level 8/9
Swimmer 9 Swimmer 10				9:45 - 10:30				Level 10	