



*Preserving, promoting and developing Wellington North's unique cultural resources to build a vibrant community and a prosperous economy.*

## **Our cultural moment this month celebrates our ninth annual Wellington North Showcase**

We have a wide array of business in Wellington North to serve all of our needs. Our community is full of passionate and skilled people that deliver their products and services in a friendly manner. But how do we know what is available to us in our own community?

Wellington North Showcase creates a platform for business and organizations and our community to make the right connections. It features a Business Networking Reception on March 26<sup>th</sup> from 4:30pm to 7:00pm and then a tradeshow that is open to the Public on March 27<sup>th</sup> from 1:00pm – 7:30pm showcasing displays and products from over 70 local businesses and organizations.



For the second year in a row, bringing hope to the community, Mayor Lennox and HOPE (Healthy Opportunities Promoting Empowerment) invite you to a Mayor's Lunch and Talk *on Tuesday March 27<sup>th</sup>* about Mental Health in the Workplace.

This year's guest speaker is Rebecca Sherbino who will be speaking about Empowerment and Change through Employment and how Social Enterprise is Changing the World – One Bowl of Soup at a Time. The Raw Carrot is a Social franchise that partners with churches and nonprofits across Ontario to create meaningful employment for individuals on the Ontario Disability Support Program. Rebecca will talk about the cost of poverty and unemployment in Ontario and the joy of providing a hand-up to individuals who have been marginalized by disability and mental health challenges.

Over the past eight years Showcase has proven to be a must attend event for our local businesses and organizations. The economic well-being and cultural offerings of our community is driven by our existing businesses and organizations; this Showcase is intended to give us all an opportunity to recognize and thank the many businesses we have in our community and I would encourage everyone to try and get out and attend our ninth annual Wellington North Showcase.