

Preserving, promoting, and developing Wellington North's unique cultural resources to build a vibrant community and a prosperous economy.

## CULTURAL MOMENT FOR APRIL 380 CELEBRATES OUR VOLUNTEERS

National Volunteer Week runs from April  $16^{th} - 22^{nd}$  and the theme this year is "Volunteering Weaves Us Together"

Recently, as a member of our Wellington North Cultural Roundtable I said I felt "being a volunteer was the experience of a lifetime." "It is such an important life lesson to learn about being a part of your larger community with no expectation of financial benefit. It is with these acts of kindness; we



have a positive effect on our own well being and mental health. Volunteering is very social and gives a person a chance to meet new people which may lead to future friendships."

In small communities like ours, the number of programs available to the public run by volunteers well outnumber other programs offered. Curling, Hockey, Baseball, Soccer, Lacrosse, Figure Skating, Guides, Scouts, 4H, Hospital Auxiliary, Food

Bank, etc. as well as seasonal events held in each community. High School age students must complete 40 hours of Community Service volunteering to graduate and the majority of them go well over their necessary hours which have also led to part time jobs to help pay for their college or university education.

To celebrate our volunteers the Township of Wellington North is inviting all volunteers in our community to join us on Thursday April 20th, for a volunteer celebration & newcomers welcome. This celebration, purposely planned to fall during National Volunteer Week, is being held between 4:30pm - 7:00pm at the Arthur & Area Community Centre. The event will include displays from a variety of community organizations, Mayors welcome, Senior of the Year presentation and cake cutting starting at 5:00pm with a catered dinner at 5:30pm. As Mayor Lennox said in a recent Press Release, "Volunteers are the heart of Wellington North, and this celebration provides us with a great opportunity to thank the many volunteers in our community.

To know you can make a difference, however big or small, be aware that by volunteering, a difference can be made to both the giver and the receiver.

Submitted by Bonny McDougall Chair, Wellington North Cultural Roundtable