



*Preserving, promoting, and developing Wellington North's unique cultural resources to build a vibrant community and a prosperous economy.*

**CULTURAL MOMENT FOR AUGUST CELEBRATES TOASTMASTERS  
& THE MOUNT FOREST MOTIVATORS CLUB**

**TOASTMASTERS  
INTERNATIONAL**

**WHERE LEADERS ARE MADE**

The Mount Forest Motivators club was enthusiastically chartered Nov. 22, 2002 and entered the worldwide organization whose core values are: Integrity. Respect. Service. Excellence.



It was once said: If you can't communicate, it's like winking at a girl in the dark-- nothing happens. You can have all the brainpower in the world, but you have to be able to transmit it. And the transmission is communication. Toastmasters offers people a safe place to relax, plan and present a terrific speech. You learn to listen effectively, think on your feet, and speak confidently in a wide range of situations.

A member chooses from 11 various Pathways programs that best suit the individual's interests and goals at one's own pace: presentation mastery, effective coaching, engaging humor, motivational strategies, persuasive influence, team collaboration, visionary communication, innovative planning and more.

Through our members' achievements, and by having a minimum of 20 members, our club has attained the highest accolade: President's Distinguished status for 16 out of 19 years. We have had many 8-week Speechcraft programs for the public and have had numerous Youth Leadership programs with homeschoolers, the Optimists, and Big Brother Big Sisters, held in the library.

FUN is important to learning. Each meeting has its own theme which gives direction to the Toast, Grammarian (word for the evening & check those filler words), Jokester, inspirational quote. Each speech has a different purpose to achieve organization, vocal variety, work with a group on how to reach consensus, gestures, different communication styles etc. Every speech is evaluated accentuating what you excelled at, what you may want to work on and what to challenge yourself.

The Club Theme in 2021 is **Reach for the stars – No Limits**. Guests are welcome on Tuesdays at 7:00pm and for more information please contact Caroline Beren at [beren@wightman.ca](mailto:beren@wightman.ca).

Cultural Moment was written for the Wellington North Cultural Roundtable by Caroline Beren, Pauline Brown, and Tammy Barrett (Toastmasters)

To be continued.....