



# CULTURAL MOMENT

## MOUNT FOREST MOTIVATORS TOASTMASTERS

October has been declared Toastmasters month in Wellington North. Toastmasters was started 90 years ago by Dr. Ralph Smedley. Today there are 330,000 members in 15,400 clubs in 135 countries.

Mount Forest Motivators Toastmasters was chartered in 2002 and has become a teaching tool for our community. Toastmasters give people the skills and confidence they need to effectively express themselves in any situation. Whether you are a professional, student, stay-at-home parent, or retiree, Toastmasters is the most efficient, enjoyable, and affordable way of gaining great communication skills. By learning to effectively formulate and express your ideas, you open an entirely new world of possibilities.

Facilitating Youth Leadership Programs for local organizations and Speechcraft for adults, participants laugh & learn while they practice in a friendly environment while engaging in interactive activities.

**Mount Forest Motivators: Where Leaders Are Made**

For more information visit [toastmasters.org](http://toastmasters.org) or come to a meeting held on Tuesdays from 7-9pm at the Faith Baptist Church.